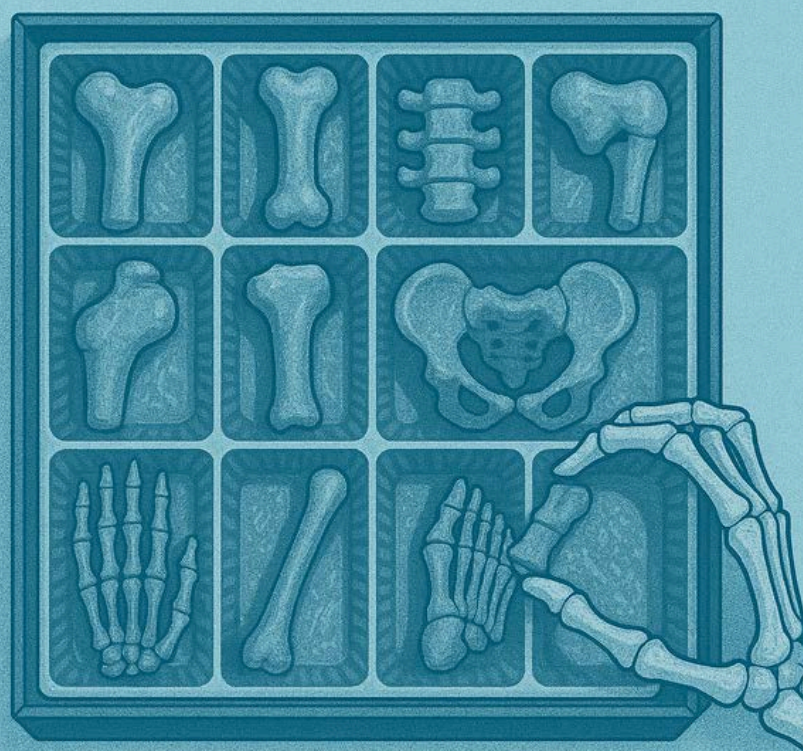


Chocolate Box of MSK:

HOW DO YOU EAT YOURS?



Saturday 5th July 2025

Join us in Birmingham at the Royal Orthopaedic Hospital for our First Contact Physiotherapy and Advanced Physiotherapy Practitioner live study day. The programme draws on the expertise of medical and APP professionals as well as members of the PCRMM Executive Committee.

There will be an opportunity to try out ultrasound scanning and a session on hand and foot injections.

PCRMM aims to bring you a study day with relevance to primary and interface care with our unique blend of rheumatology and practical hands-on advice.





The Primary Care
Rheumatology and
Musculoskeletal
Medicine Society

Chocolate Box of MSK: How do you eat yours?

Agenda

08:30 Registration & Coffee

09:00 Introduction & Aims of the Day

Andrew Emms, Associate Professor &
Consultant Physiotherapist, Royal
Orthopaedic Hospital, Birmingham

09:05 Spinal Emergencies and the Latest GIRFT Cauda Equina Guidelines

Andrew Emms

09:50 Red Flags - What is Important in Primary Care

Sam Bhide, FCP, Founder PhysioZen

10:35 Morning Coffee

11:00 Primary Care Management of Hip Problems

Ahmed Mostafa, GP

11:45 Blood Tests in Musculoskeletal Medicine and Rheumatology

Dr Louise Warburton, GPwER

12:30 Ultrasound Foot and Hand Injection Workshops

Jonathan Dewell and Ahmed Mostafa, GP

12:30 Lunch

Delegates will take lunch before or after their workshop

14:00 Advancing Standards: MSK Injection Therapy Capability Framework

Helen Welch, Consultant Physiotherapist, Belfast
Health and Social Care & Injection Therapy Tutor
Dr Sharon Chan-Braddock, Programme Lead of
Injection Therapy, Society of Musculoskeletal Medicine
& Portfolio Lead of MSK Advanced Practice,
Musculoskeletal Association of Chartered
Physiotherapists

14:30 Routine Spinal Surgery - Who to Refer and When

Spinal surgeon, TBC

15:15 Afternoon Tea

15:30 Management of Chronic Pain in Primary Care

Dr Chris Ellis, GP

16:15 Summary & Meeting Close

Conference Fees:

Early Bird

PCRMM Member

£75

Non-Member

£115

Post 14
June

PCRMM Member

£100

Non-Member

£140



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