

# Autumn Virtual Meeting

Live sessions 24-27 November 2020

On-demand access to recorded content post event

The BGS Autumn meeting is breaking new ground and going virtual! Join us for the first virtual BGS Autumn meeting to hear about the latest scientific research and the best clinical practice in care of older people. Our ageing population is stimulating extensive NHS service redesign to deal with the challenge of caring for larger numbers of older people both in and out of hospitals. This conference will cover core areas of interest to all specialists responsible for the healthcare of older people.

Organised in association with:



## Joining a virtual meeting

Participants can expect the same high-quality educational content as in a face-to-face meeting. Participants joining live will be able to engage with presenters and sponsors through interactive activities during the session, as well as through 1 to 1 and group calls and chats. Recordings of the presentations will be accessible post-event.

## Meeting aims

- Further attendees' overall knowledge and understanding of current research and practice in healthcare of older people in core and difficult areas
- Improve attendees' skills in the treatment and healthcare of older people
- Inspire attendees to achieve personnel excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services

Follow us on @GeriSoc #BGSCConf

Register online at <https://www.bgs.org.uk/events/autumn-meeting-2020>

## Who should attend

- Consultants and Professors of Geriatric Medicine
- Specialist Doctors
- Specialist Registrars (StRs) in Geriatric Medicine and related specialties
- Nurse Consultants, Nurse Specialists and Advanced Nurse Practitioners
- GPs, GPs wsi in older people and GP Trainees
- Physiotherapists, Occupational Therapists and Allied Health Professionals
- Researchers into ageing and age-related conditions
- Core Medical Trainees and Foundation Year Doctors
- Medical Students

## Supported by

The British Geriatrics Society acknowledges, with grateful thanks, the support given through sponsorship from:



## Programme key

- Interactive live session**  
Do not miss these live presentation and make the most out of the live interaction
- Presentation with live Q&As**  
Join live to interact with presenter using Q&As
- Interlude, interaction & social**  
Your chance to socialise with participant or join a wellbeing session
- Sponsored session**  
Visit the exhibitions areas and listen to the sponsored symposium

## Remember PPE!

**The Autumn Meeting is much more than a webinar! Be prepared to make the most of this virtual event**

### Practice

- Test your connection before the event.
- Set up your participant profile in advance so other participants can contact you.
- Connect with people before the event starts.
- Book mark your session choices prior to the event.

### Prepare

- A browser other than Internet Explorer (IE) needs to be used.
- Shut others off the WiFi if you can (including your phone).
- Set up your station - you may be able to cast to TV/output over HDMI.
- Enable permissions to use video calling.

### Engage

- Interact with presenters
- Socialise: Arrange 1-to-1 chat with other participants, join a socialising event, interact in a group discussion or join a wellbeing event.
- Connect with exhibitors

Find out more at <https://www.bgs.org.uk/virtual-event-faqs>

## PROGRAMME OVERVIEW

Tuesday, 24 November 2020

18.00

Pre-meeting socialising

An opportunity to meet fellow attendees prior to the conference. Limited capacity, pre-book early to secure your place  
*pre-booking required*

19.00

Sponsored symposium

All-day	<b>Abstracts</b> Watch platform presentation in the abstracts area and browse selected posters	<b>1-to-1 socialising</b> Have a discussion with participants randomly chosen		
08.30	<b>Door opens</b> Familiarise yourself with the platform environment, prepare your personal session agenda and participate into polls			
08.30	<b>Exhibitions opens, Exhibition zone</b> Browse through the exhibitors booths and schedule meeting with our sponsors			
09.20	<b>Opening ceremony and presidential address</b> Join the conference moderator in this interactive session and hear from BGS president Prof Tashir Masud highlight the work of the Society.			
09.45 - 10.45	<b>Community geriatric medicine</b> Ageing well and community care	<b>Spotlight on</b> Sponsored symposium by Consilient Health		
10.45	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
11.00 - 12.00	<b>Community geriatric medicine</b> Ageing well and community care	<b>Frailty and sarcopenia with oncoGeriatrics</b>	<b>Ageing well with good oral health</b>	<b>Big Data Workshop</b>
12.00	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
12.30 - 13.00	<b>Interactive discussion</b> <i>pre-booking required</i>	<b>Specialities meet up: Nurses and AHP</b> <i>pre-booking essential</i>	<b>Group socialising</b> <i>pre-booking required</i>	<b>Sponsored symposium</b>
13.00 - 14.00	<b>Community geriatric medicine</b> Enhanced care in care homes	<b>Frailty and sarcopenia with oncoGeriatrics</b>	<b>End of life care</b>	<b>Peer review</b>
14.00	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
14.15 - 15.15	<b>Fitness to drive</b>	<b>Frailty and sarcopenia with oncoGeriatrics</b>	<b>End of life care COVID 19</b>	<b>Impact of COVID 19 in geriatric medicine services</b>
15.15 - 16.00	<b>COVID in acute settings</b>	<b>Supporting education in developing countries</b>	<b>Health ageing and age promotion</b>	
15.15 - 16.00	<b>COVID and rehabilitation</b> Continue the discussion on COVID <i>Room 3</i>	<b>Explore the exhibitions</b> <i>Exhibition zone</i>		
16.00	<b>Virtual cocktail and pub quiz</b> Join colleagues for a social debrief of the day			

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08.30	<b>Exhibitions opens, Exhibition zone</b> Browse through the exhibitors booths and schedule meeting with our sponsors			
08.30	<b>Policy breakfast</b> Interact with our panel in live Q&As, <i>pre-booking essential</i>			
09.00	Sponsored symposium			
09.30	Exhibition <i>Exhibition zone</i>	Specialities meet up: GeriGPs <i>pre-booking essential</i>	Social coffee <i>pre-booking essential</i>	
10.00 - 11.00	AGILE Primary care wellbeing service	How to CGA in non geriatric medicine services	AAGM symposia	
11.00	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
11.15 - 12.15	AGILE The role of the AHP in the delivery of CGA: a whole system view	Clinical quality	Dementia and related disorders SIG	Teaching and Training Simulations
12.15	Presidential poster round	Sponsored symposium Sponsored by Ferring	Specialities meet up : Trainees <i>pre-booking essential</i>	
13.00 - 14.00	AGILE Demystifying strength and balance training and falls prevention	Learning from complaints	Dementia and related disorders SIG	Sponsored symposium Sponsored by Astella
14.00	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
14.15	<b>Guest lecture, Biology of ageing: what, why and how?</b> <b>Dr Suresh Rattan</b> , Editor-in-chief, Biogerontology department of molecular biology and genetics, Aarhus University			
15.00 - 16.00	AGILE Advances in assessment of community dwelling older adults at risk for falls	Tissue viability	Biology of ageing: bladder and bowel systems	Interactive discussion with Suresh Rattan <i>pre-booking essential</i>
16.00	Sponsored symposium			
16.30	<b>Virtual cocktail</b> Join colleagues and meet new people in an informal group discussion			

# Friday, 27 November 2020

All-day	Abstracts Watch platform presentation in the abstracts area and browse selected posters	1-to-1 socialising Have a discussion with participants randomly chosen		
08.30	<b>Door opens</b> Familiarise yourself with the platform environment, prepare your personal session agenda and participate into polls			
08.30	<b>Exhibitions opens, Exhibition zone</b> Browse through the exhibitors booths and schedule meeting with our sponsors			
09.00	Sponsored symposium	Social coffee <i>pre-booking essential</i>		
10.00 - 11.00	POPS	Joint IAGG symposia	QI workshop	Digital health enablers
11.00	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
11.15 - 12.15	AAGM Symposium COVID19	COVID	Trainees session	Trainees
			Anaemia	Joint BSG symposia
12.15	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
12.30	<b>Guest lecture</b> Mr Mike Adamson, CEO, Red Cross			
13.15	Interactive discussion with Mike Adamson, <i>pre-booking essential</i>	Sponsored symposium	Group socialising <i>pre-booking essential</i>	
13.45 - 14.45	OncoGeriatrics	GI and nutrition	Anaemia	Spotlight on Sponsored by Medtronic
14.45	<b>Interlude</b> Grab a coffee, do a quick walk or join the wellbeing room for a stretch session			
15.00 - 16.00	OncoGeriatrics	GI and nutrition	Falls and syncope	
16.00	<b>Closing ceremony</b> Join the conference moderator and BGS president Prof Tashir Masud in this interactive session followed by a virtual socialising.			

## GUEST LECTURERS



### **Dr Suresh Rattan**

Editor-in-chief  
Biogerontology department of  
molecular biology and genetics  
**Aarhus University**

Suresh Rattan leads the Laboratory of Cellular Ageing, at the Department of Molecular Biology and Genetics, Aarhus University, Denmark. His research areas and expertise include ageing of human cells in culture, prevention, removal and repair of macromolecular damage, and applying the concept of mild stress-induced hormesis as a modulator of ageing. He is the recipient of the Lord Cohen Medal in Gerontology (2011) from the British Society for Research on Ageing, an Honorary Doctorate from the Russian Academy of Medical Sciences (2011), and is the present Chairman of the Biological Section of the European Region of the International Association of Gerontology and Geriatrics (IAGG-ER). He has published more than 220 scientific articles, and has edited/co-edited 12 books, including books for children, general public and research scientists. He is the founder and Editor-in-Chief of Biogerontology - a peer reviewed journal published by Springer. He is the discoverer of the ageing modulatory effects of kinetin and zeatin, now used in several skin care products. His personal website is: <http://www.sureshrattan.com>



### **Mr Mike Adamson** CEO **Red Cross**

Mike Adamson is Chief Executive of the British Red Cross. Prior to his current appointment, Mike was Managing Director of Operations, responsible for the leadership of the British Red Cross' UK and international programmes and its advocacy work, overseeing a unified approach to all operations. He took on this role in 2010, and had previously held several other positions in the organisation between 1992 and 2003, including Head of International Programme Development, Director for the London and South-East Region, and Director of Strategy, Planning and Information Systems. In his years away from the organisation, Mike worked for the National Health Service as Director of Commissioning and Primary Care at a Primary Care Trust in Gloucestershire for three years, and spent five years as Managing Director for Services at the Royal National Institute for Deaf People (RNID - now Action on Hearing Loss). Mike is a board member of the DEC and of a regional drug and alcohol charity (Nelson Trust). He lives in Gloucestershire with his wife Lorna and two daughters Eleanor and Sophie. In his spare time he likes to run, cycle and read. Mike is also a founding member of his local film club. Mike has an MPhil in economics from Oxford University and an MBA with distinction.

## Join the discussion

A limited number of participants will have the unique opportunity to join our guest lecturer for an interactive session following their presentation. Participant for the small group session will be asked to join using their microphone and camera to make this interaction more engaging. **Limited space.**

Book early to avoid disappointment on the virtual event platform at <https://app.swapcard.com/event/autumn-meeting-2020>

## HIGHLIGHTED PRESENTERS



### **Prof Martin Marshall** Chair of RCGP Council

### **Dr Bola Owolabi**

National specialty advisor, older people and integrated person centred care



### **Ms Anna Dixon** Chief executive Centre of Ageing Better

### **Dr Esther Clift**

Consultant Practitioner in frailty,  
Southern Health NHS  
Foundation Trust



### **Prof Dawn Skelton** Professor of ageing and health Glasgow Caledonian University

### **Prof Tahir Masud**

Consultant physician, honorary  
professor and BGS president



### **Ms Gail Bowker** Carer, Salford Dementia Champions, the Dementia Action Alliance and the Older Persons Forum